



Coming Home. Bringing Body and Soul Together.

A workshop with Ger Murphy

July 16th -19th 2009.

This workshop invites participants to meet, once more their own purpose and passion for life through a deeply safe holding group experience, where we will use bodywork, movement, poetry, music, and story to unfold the current challenge and possibility in each life in the context of a rapidly changing world.

- * What is the next step, for you in your life journey?*
- * What is holding you back from fully engaging with your life?*
- * Are you loving and being loved well ?*
- * How are you of service to your world?*

The workshop, which will have limited numbers, will offer a method of therapeutic work reflecting the integration of Ger's work over 25 years of practice. The workshop will be of interest to those wishing to give themselves a block of time in assisted self-reflection in an interactive group context. Participants may be on their own therapeutic journey, in training, in organisational roles where reflection is desirable, or simply wanting a strongly nourishing summer break.

Ger has worked in psychotherapy for 25 years assisting many people to transform distress and blockage into potential and pleasure. Ger has been the Director of The Institute of Creative Counselling and Psychotherapy for many years, where he manages a psychotherapy practice and offers a psychotherapy training.

He has studied Reichian Bodywork, Contemporary Yoga, Psychoanalysis, Advaita Awareness, and has an enduring interest in dance and poetry.

This allows Ger to offer a unique blend of group process which is both safe and respectful of individuals and yet also challenging, and passionate. The workshop will use a mix of small-group work, meditation, structured bodywork and large group process..

Venue : Tig Roy , Glen of Atherlow, Co Tipperary.

Cost : €420 inclusive of accommodation, food and workshop fee.

Please send deposit of €150 to ICCP, 82 Upper Georges St. Dun laoghaire Co Dublin

Contact Ger

on 012805916, or at germurphy@edgeworth.ie